

# REGISTRATION FORM

One registration form per person

## *Building a Better Tomorrow*

April 28-30, 2010

Holiday Inn- Fargo, ND

You may also register on-line at [www.ndfbsa.org](http://www.ndfbsa.org)

Name \_\_\_\_\_  
Agency Represented \_\_\_\_\_  
Job Title \_\_\_\_\_  
Home Mailing Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
County \_\_\_\_\_ Telephone Number \_\_\_\_\_  
E-mail Address: \_\_\_\_\_

### FEES

\_\_\_\_\_ Full Registration (postmarked by 4/1/10) \$130.00  
(Includes workshops & all meals offered)  
\_\_\_\_\_ Parent / Student Registration \$ 60.00  
(Current student ID required)  
\_\_\_\_\_ Late Registration \$150.00  
(After April 1st and on-site registration)  
\_\_\_\_\_ Single Day Registration \$ 75.00

### Forward Registration Forms and payments to:

ND Family Based Services Assoc. - 2010 Conference  
Attn: Christine Stiven  
210 B Ave. W. Suite 301  
Lakota, ND 58344

A block of single rooms (\$63) and double rooms (\$78) have been set-aside at the Holiday Inn for conference attendees. **If you intend to use a county voucher, please make clear, prior arrangements with the Holiday. REMEMBER** to identify yourself as a NDFBSA conference attendee to get their conference rate. Make your reservations directly with the Holiday Inn at 701-282-2700 by March 14, 2010 in order to assure conference rates. There are a number of hotels in the area that offer state rates if you'd prefer to stay elsewhere.

*Please indicate below which presentations you plan to attend so that we can more accurately anticipate seating needs. NDFBSA reserves the right to limit seating to preregistered attendees if space is limited.*

### Wednesday, APRIL 28

7:30-8:45AM Registration & Continental Breakfast  
8:45AM Welcome  
9:00 – 11:30 AM KEYNOTE:  
“Warm Up the Workplace”  
*Frank Patizzo*  
11:30 – 1:00 PM Lunch (Provided)  
1:00-2:30 PM AFTERNOON BREAKOUTS (choose one)  
\_\_\_\_\_ A-1 “Love & Logic” – Village Family Service  
\_\_\_\_\_ A-2 “Parental Alienation Syndrome: Real or Imagined?” – Dr. Steven Timm

\_\_\_\_\_ A-3 “Speech and Language and its link to Behavior Impairment.” – Dr. Larry Burd  
2:30 -3:00 PM Break  
3:30 – 4:30PM AFTERNOON BREAKOUTS (choose one)  
\_\_\_\_\_ A-5 “Love & Logic” cont  
\_\_\_\_\_ A-6 “Parental alienation” cont  
\_\_\_\_\_ A-7 “Avoiding the Hangover” – Sandy Thompson

### Thursday, APRIL 29

7:00-8:00 AM Registration & Continental Breakfast  
8:00-9:30 AM KEYNOTE:  
“Why are Women so Strange & Men so Weird” -*Bruce Christopher*  
9:30-10:00 AM BREAK  
10:00 – 11:30 -KEYNOTE  
“12 Survival Tips Learned from Parenting 12 Children” – Claudia Fletcher  
11:30 – 1:00 PM Lunch on your own  
1:30-2:30 PM AFTERNOON BREAKOUTS (choose one)  
\_\_\_\_\_ B-1 “Breaking the Cycle” The role of financial ancestry” – Lisa Peterson  
\_\_\_\_\_ B-2 “Bambi vs Godzilla: Dealing with Difficult People” – *Bruce Christopher*  
\_\_\_\_\_ B-3 “Development Stages & Attachment” Claudia Fletcher  
2:30 – 3:00 PM BREAK  
3:00 – 4:30 PM AFTERNOON BREAKOUTS (choose one)  
\_\_\_\_\_ B-4 “Your financial life: Tips for Success”-Lisa Peterson  
\_\_\_\_\_ B-5 “Bambi vs Godzilla”- *cont*  
\_\_\_\_\_ B-6 “Development & attachment” - *cont*

### Friday, APRIL 30

7:30-8:30 AM Continental Breakfast  
8:30-10:30 AM MORNING BREAKOUT (choose one)  
\_\_\_\_\_ C-1 “Transforming The Difficult Child: The Nurtured Heart Approach” – *Tanya Fraizer*  
\_\_\_\_\_ C-2 “Burnout” – *Tim Gienger*  
\_\_\_\_\_ C-3 “Impact of Health Care Reform” – *Gary Wolsky*  
11:00 AM-1:00 PM – ANNUAL MEETING (Meal)  
• *Tara Muhlhauser, Director*  
*Children and Family Services*  
*North Dakota Department of Human Services*

**REFUND POLICY:** A full refund will be issued up to two weeks prior to the conference. After that, if you cannot attend or the conference is canceled, a refund minus a \$20 administrative fee will be issued. All requests must be submitted in writing to the treasurer.

**KEYNOTE ADDRESS:**

**“Warm Up The Workplace” – *Frank Patizzo***

*Frank Pastizzo*'s background includes working side-by-side with doctors in air force emergency rooms, teaching high school English and Drama in England, touring as a stand-up comedian and professional actor in Europe and the U.S., and working as a health care administrator and marketing executive for various agencies in New York. Through an eclectic mix of music, comedy and poignant story telling from his diverse background, Frank Pastizzo forges a connection with his audiences. Seeing the workplace as an extension of our lives where we spend the majority of our time, Frank inspires us to bring the qualities we hold most ideal in our family lives, into our schools, businesses and organizations. Through the modeling and practice of his C.H.E.R.I.S.H., we are able to attain an environment where we feel a sense of loyalty and trust, and it shows. The result is an establishment where we feel a sense of belonging, direction, and comfort.

**A-1 “Love & Logic” – *John Lyon***

Love and Logic is a philosophy founded in 1977 by Jim Fay and Foster W. Cline, M.D. It is fundamentally about helping your children make mistakes while they are young and the costs of these mistakes are cheap. It is about holding your children responsible for their choices and getting them to think about what is going to work out best for them. Love and Logic parents don't struggle or fight with their kids, and yet their kids learn to behave themselves. Children are able to make mistakes and learn and grown through that experience. Love and Logic techniques are both simple and powerful. This seminar will help you learn the basic techniques and strategies of Love and Logic, and enable you to teach them to your clients.

*John Lyon, MSW* is originally from New Jersey where he was born and raised until 1999 when he moved to Moorhead. John has Bachelor's degrees in Social work and Psychology, and a Master's degree in Social Work. John began his work with the Village Family Service Center in 2005 as a master's level intern. He worked closely with the Attachment and Development program which works with children with reactive attachment disorder. This is where he first became familiar with Love and Logic Parenting techniques. He began to teach a 7 week program to parents and has lectured on the techniques around the state. His other experiences include three years at the Dakota Boys and Girls Ranch as a Shift Supervisor.

**A-2 “Parental Alienation Syndrome: Real or Imagined?”- *Dr. Steven Timm***

Parental alienation syndrome (P.A.S) is a controversial topic in psychological literature. The purpose of this presentation is to clearly define P.A.S.; to examine the current evidence for & against it; & to prepare mental health practitioners to recognize & respond to it when evidence for it arises. At this presentation you will learn: 1) The difference between P.A.S & parental alienation; 2) The criteria for identifying P.A.S & parental alienation; 3) Types of alienation behaviors; 4) How to avoid unwillingly becoming an agent of alienating behavior; 5) What steps to take to discourage alienating behaviors; 5) How to support & advocate for children who are “caught in the middle.”

*Dr. Stephen Timm* is a Licensed Clinical Psychologist in full time private practice in Fargo, ND since 1978. He received his doctorate in child clinical psychology from the University of Nebraska in 1974. He completed a one year, rotating type internship in psychology at the University of Oregon Health Sciences Center in Portland, OR, with three month rotations on inpatient services, outpatient services, pediatric psychology & the Child Development & Rehabilitation Center. He is a general practitioner of psychology, offering a wide range of psychological services to adults, children, couples & families. He works extensively with law enforcement & public safety agencies throughout the region. He also offers psychological services to numerous law firms in the area by providing parental capacity evaluations, psychological research & expert testimony. Topics of expertise include parental alienation, child custody & visitation, post-traumatic stress disorder, child relocation, attachment & child development. He has testified in dozens of cases of parental alienation, some which have been ruled upon by the North Dakota Supreme Court.

**A-3 “Speech and Language and its link to Behavior Impairment.”-*Larry Burd, PhD, MS, BS***

Speech and language delays and disorders are among the most common developmental problems of childhood. The presence of speech or language impairments are associated with an increase in risk for development of common behavior disorders (oppositional defiant disorder, learning disabilities, attention deficit-hyperactivity disorders) in addition to social skill deficits and anger management difficulties. This workshop will examine the co-occurrence of speech and language disorders and behavior disorders and will provide concrete easily implemented management suggestions for the behavior disorders found in this population. The interventions will cover temper tantrums, defiance, inattention and related behavior problems at home, at daycare, in preschool and at school.

*Larry Burd, PhD, MS, BS* is a professor in the Department of Pediatrics at the University of North Dakota School of Medicine. Dr. Burd has published more than 130 professional papers and has authored a number of books on development and behavior in children and adolescents. Dr. Burd has been the Director of the North Dakota Fetal Alcohol Syndrome Center since 1992.

#### A-4 “Love & Logic” – John Lyon, The Village Family Service Center (Continued)

#### A-5 “Parental Alientation” – Dr. Steven Timm (Continued)

#### A-6 “Avoiding the Hangover” –Sandy Thompson, West Central Human Service Center

This session will discuss the definition of addiction, the roles that family members play when struggling with addiction in the family, and identifying accessible resources across the state of North Dakota for those seeking help with their substance use issues (and their families). Too often those working with families forget how we, family based workers, can also be affected by the struggles families are dealing with. The end of this presentation will highlight how family based workers can most effectively work with the family’s who struggle with substance abuse issues and not feel like they are the ones with the hangover!

Sandy Thomspson, MMGT/LAC- Sandy is a native of ND having lived most of her life in the Bismarck-Mandan area. A graduate of Mandan Senior High School she went on to complete a Bachelor of Art’s degree in Addiction Studies from Minot State University in 1989. From 1989-1990 she completed her clinical training practicum in the NW training consortium in Williston, ND. Sandy then worked as an Addiction Counselor Intern at Mercy Recovery Center (MRC) in Williston, ND from 1990-1991. From 1991-1992 she continued to work at MRC as a Licensed Addiction Counselor until moving to Minot, ND where she worked at North Central Human Service Center from 1992-1995. In 1995 Sandy moved back to the Bismarck-Mandan area and worked briefly at the Heartview Foundation, then in Mandan, ND, until 1996 at which time she once again became employed for the Department of Human Services (DHS) at West Central Human Service Center (WCHSC) in Bismarck, ND. Sandy has been with WCHSC since 1996 working in different positions working with children, adolescents, adults, and their family members. Sandy is also a 2004 graduate of the University of Mary with a Master’s in Management. Currently, Sandy is a Human Service Program Administrator IV, and has been the supervisor of the Specialized Child and Family Services Unit since 1998. Sandy’s primary duties include supervising the staff who work as parent aides, Intensive In-Home family therapists and adolescent Addiction Counselors. Sandy is also a recent graduate of the first ever Leadership Development program offered thru the DHS. For the past two years Sandy has also taught in the Master’s in Counseling program at the University of Mary.

**THURSDAY, APRIL 29, 2010**

#### **KEYNOTE ADDRESS: Bruce Christopher**

##### **“Why are Women so Strange & Men so Weird”**

At the heart of any business are relationships-between team members, clients & supervisors. Excellent communicators have better relationships at work & home. They climb the ladder of success more effectively, & achieve greater success. Communication runs our lives. This session takes a hilarious look at home men & women think, speak & make decisions differently.

Bruce Christopher – Psychologist & Humorist, Bruce Christopher, is America’s foremost” Enter-Trainer” today! He has earned this distinction because of his high energy style & humorous presentation of his material. Bruce is a Licensed Psychologist holding degrees in Professional Psychology as well as Interpersonal Communications. Bruce has captivated audiences internationally because of his humorous approach to today’s hot topics which impact our personal & professional lives. Bruce is a credentialed professional speaker. He is a member of the International Who’s Who of Entrepreneurs, The National Speakers Association, Meeting Professional International & he is a practicing supervising clinical psychologist.

#### **KEYNOTE ADDRESS: Claudia Fletcher**

##### **“12 Survival Tips Learned from Parenting 12 Children”**

All parents who adopt tough kids begin their journey as sane, normal people just wanting to help a child. Somewhere along the line we find ourselves feeling like we're going crazy! We arrive at one extreme or another – either a frustrated, angry control freak or a resentful manipulated doormat. Learn some ways parents can change their thinking to either prevent them from arriving at their breaking point or head back to the sane, fun people they once were.

Claudia Fletcher - Claudia and her husband Bart are parents of 12 children, born between 1986 and 1998, ten adopted domestically from the child welfare system and two adopted internationally from Guatemala. In addition to her parenting responsibilities, Claudia Fletcher is an adoption worker for Permanent Family Resource Center and an Adoption Specialist for the Adopt America Network. She and her husband published their first book in 2009 “Out of Many, One Family: How Two Adults Claimed Twelve Children through Adoption.”

### **B-1 “Breaking the Cycle: The role of financial ancestry”– Lisa Peterson, CFP**

Lisa J.B. Peterson, CFP is the Founder & President of Lantern Financial, LLC. Lisa is passionate about helping her clients to live more intentional & satisfying financial lives. Lisa obtained a Bachelor of Science degree in Economics & Mathematics from Simmons College in Boston. Additionally, she completed the Financial Planning Certificate Program @ Boston University. Lisa is a CERTIFIED FINACIAL PLANNER practitioner. Her work with young professionals & couples has been featured in the *New York Times*, *the Boston Globe*, *NPR’s Marketplace Money*, *DETAILS Magazine*, *Boston Magazine*, & *Breaking the Glass Slipper*. She has written articles as an expert columnist for *Hitched Magazine* & regularly contributes to the Simmons College alumni blog, *Reconnect with Simmons*. Lisa maintains the Lantern Financial blog, *Shine Brighter*, which offers solutions to help readers lives each day creatively in order to more easily & successfully reach their long-term goals. She has been invited to speak at conferences, nationwide, & most recently was recognized for her work with the 2009 Simmons College Recent Alumna Achievement Award. Lisa loves making finance fun, & has created such community events as “*Pillow Talk: Make Talking about Money Sexy in Your Marriage!*”; “*Love, Money & Baseball*”; & “*Rock Your Financial Life!*” designed to inspire attendees through financial success. Additionally, she takes pride in the charitable endeavors of Lantern Financial, as well as in the success && popularity of the company’s exciting & competitive internship program. Lisa is excited & honored to be able to help you reach your goals & dreams & to prepare for a bright future.

### **B-2 “Bambi vs. Godzilla: Dealing with Difficult People”– Bruce Christopher**

Difficult people are everywhere! They can be clients, co-workers, bosses, neighbors, even spouses. This program humorously reveals the six basic difficult personality styles & how to deal with them effectively. You will learn how to stay empowered in the face of negative, reactive & draining people.

### **B-3 “Development Stages & Attachment ”-Claudia Fletcher**

When an older child is placed in an adoptive home the expectation is often that a child will act according to their developmental age. Because most children in orphanages or foster care missed key development steps they often need to begin again once they are secure. Beginning with the first stage, and discussing the reoccurrence of the attachment cycle, this session explores Eric Erickson’s developmental stages and the challenges children must face and encourages parents to help their children move through each stage, starting at placement.

### **B-4 1 “Your Financial Life: Tips for Success” – Lisa Peterson, CFP**

### **B-5 “Bambi Vs Godzilla” – Bruce Christopher (Continued)**

### **B-6 “Development & Attachment” - Claudia Fletcher (Continued)**

<b>FRIDAY, APRIL 30, 2010</b>
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### **C-1 “Transforming The Difficult Child: The Nurtured Heart Approach”-Tanya Fraizer**

The Nurtured Heart Approach, established by Howard Glasser, is a powerful set of strategies developed specifically for intense children to facilitate parenting and classroom success. These methods have helped thousands of families to transform their child from using their intensity in primarily negative ways to using their intensity in much more productive and constructive ways. In this session, we will explore the principles of the Nurtured Heart Approach and discuss particular ways to implement it with children and families who are involved with social service interventions.

**Tanay Fraizer** Tanya is a graduate of Concordia College - Moorhead with a degree in Elementary Education. She is a Parent Educator, with experience doing both in-home and agency-based parent education. She currently works as a Parent Aide at Cass County Social Services, as well as a private contractor of parent coaching, parenting classes and speaking engagements. Tanya is a certified Parent Coach by the Adler Graduate School (Richfield, MN) as well as a Certified Advanced Trainer in the Nurtured Heart Approach, under the instruction of Howard Glasser. She lives in Fargo, ND with her husband and 3 year old daughter, Carly.

**C-2 “Burnout”-Tim Gienger**

We all work with challenging clients at times and we want to do our very best to help them through their difficult situations, but at what point does it start to cost us our own sanity? This training will help helping professionals recognize the signs of burnout as well as help prevent burnout from occurring.

**Tim Gienger, LICSW** currently works at West Central Human Service Center, providing individual and family therapy. Tim is also employed with Lutheran Social Services as a co-facilitator in the domestic violence offender treatment program, as well as an adjunct instructor for Minot State University in the Social Work program on the campus of Bismarck State College. Tim holds a bachelor’s and master’s degree in social work from the University of North Dakota.

**C-3 “Impact of the Health Care Reform”- Gary Wolsky, MA**

The example of national health care reform, whether it passes or not, will be used to make an argument that many in the room may not agree with - that big government solutions to social problems oftentimes have very poor outcomes and many unintended consequences. This is a position that will be taken for discussion purposes and food for thought, as a challenge to examine some of the historical constructs of our profession. A considerably stimulating discussion will be anticipated. This promises to be an interesting departure from what you might typically expect in a conference of this type.

**Gary J. Wolsky, President/CEO /The Village Family Service Center**

Gary has been President/CEO of the Village Family Service Center since 1984. Prior to that, Gary was Director of Social Services at the Village Family Service Center from 1983 to 1984. As President/CEO, Gary oversees a budget of \$12 million and under Gary’s leadership the Village served more than 74,200 clients in 2007. Under Gary’s leadership the Village has grown to 22 regional offices in North Dakota and Minnesota. Gary holds a Bachelor of Philosophy Degree, Psychology Major and a Masters Degree in Counseling and Guidance. Gary served two terms as a Board Member for the Child Welfare League of America and has served in leadership positions in the Alliance for Children and Families.

Any questions regarding places to stay or questions about the Conference:  
See our website at [www.ndfbsa.org](http://www.ndfbsa.org)  
Or you can call  
Conference Co-Chair: Christine Stiven (701) 247-2945  
OR  
Conference Co-Chair: Jim Martini (701)746-1239



**North Dakota Family Based Services Association**  
**PO Box 9114**  
**Fargo, ND 58106**

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**North Dakota Family Based Services Association's  
2010 Conference:**

# **Building A Better Tomorrow**

Co-sponsored by the North Dakota Department of Human Services,  
Division of Children and Family Services,  
Division of Mental Health and Substance Abuse,  
CEU approval pending for ND Social Workers